

# Packing List for a *safari*

This is my personal safari packing list with everything you'll need on a safari in the main season in Southern and Eastern Africa when days are warm and nights can get a bit cooler. I pack the same amount of clothes for 7 days or 3 weeks, as I use the camp's complimentary laundry service.



*Note: This packing list is for a woman.*

## Luggage

Items	Quantity	Got it
Large duffle bag large (check-in luggage)	1	<input type="checkbox"/>
Small duffle bag small (carry on luggage)	1	<input type="checkbox"/>
Small waterproof backpack (personal item)	1	<input type="checkbox"/>

## Clothes

Items	Quantity	Got it
Lightweight insulated jacket	1	<input type="checkbox"/>
Thin scarf	1	<input type="checkbox"/>
Thick scarf	1	<input type="checkbox"/>
Long Cargo Pants	1	<input type="checkbox"/>
Leggings	2-3	<input type="checkbox"/>
Long sleeve linen or cotton shirts	2	<input type="checkbox"/>
Pairs of socks	2-5	<input type="checkbox"/>
Long sleeve wool or quick dry underlayers	2	<input type="checkbox"/>
Short sleeve / sleeveless T-Shirts	2	<input type="checkbox"/>
Sunglasses	1	<input type="checkbox"/>
Hooded sweaters	1-2	<input type="checkbox"/>
Underwear	7	<input type="checkbox"/>
Pyjamas	2	<input type="checkbox"/>
Ankle high light boots	1	<input type="checkbox"/>

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Items	Quantity	Got it
Waterproof ankle high hiking boots (only for gorilla or chimpanzee trekking)	1	<input type="checkbox"/>
Sandals	1	<input type="checkbox"/>
Safari hat with a wide brim	1	<input type="checkbox"/>
Basecap	1	<input type="checkbox"/>
Swimsuit	1	<input type="checkbox"/>

## Toiletries

Items	Quantity	Got it
Sunscreen with SPF50	1	<input type="checkbox"/>
Face Cleanser	1	<input type="checkbox"/>
Antioxidant serum	1	<input type="checkbox"/>
Toothpaste	1	<input type="checkbox"/>
Tooth Brush	1	<input type="checkbox"/>
Deodorant (without perfume)	1	<input type="checkbox"/>
Tampons or your preferred feminine hygiene product	As many as needed	<input type="checkbox"/>
Biodegradable (!) dental floss	As many as needed	<input type="checkbox"/>
Reusable ear swab	1	<input type="checkbox"/>

## First-aid kit

Items	Quantity	Got it
Malaria medication (Malarone or similar)	1 pill per day	<input type="checkbox"/>
Ibuprofen	1 package	<input type="checkbox"/>
Clinical thermometer	1 piece	<input type="checkbox"/>
Band-aids	1 package	<input type="checkbox"/>
Antihistamine	1 package	<input type="checkbox"/>
Immodium	1 package	<input type="checkbox"/>
Wound Disinfection	1 bottle	<input type="checkbox"/>
Blister Pads (if you go on many walking safaris)	1 package	<input type="checkbox"/>
Gauze bandages	1 package	<input type="checkbox"/>
Disinfectant Spray	1 bottle	<input type="checkbox"/>
Tissues	3-4 packages	<input type="checkbox"/>

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## Camera gear & equipment

Items	Quantity	Got it
Camera bodies with interchangeable lenses	2	<input type="checkbox"/>
Long zoom lens (100-400mm, 200-500mm)	1	<input type="checkbox"/>
Regular zoom lens (24-70mm, 70-200mm)	1	<input type="checkbox"/>
Camera batteries	3-5	<input type="checkbox"/>
Super fast Memory cards (at least 1,700MB per second reading and 1,500MB per second writing speed)	3-5	<input type="checkbox"/>
1TB SSD hard drives	3	<input type="checkbox"/>
Camera battery chargers	2	<input type="checkbox"/>
Laptop + charging cable	1	<input type="checkbox"/>
Mobile phone (for local SIM card)	1	<input type="checkbox"/>
USB-C mobile phone charger cable	1	<input type="checkbox"/>
USB mobile phone charger cable	1	<input type="checkbox"/>
Power plug adapter	1	<input type="checkbox"/>
Multi-outlet power strip with 3 sockets	1	<input type="checkbox"/>
Battery pack	1	<input type="checkbox"/>

## Miscellaneous

Items	Quantity	Got it
Passport	1	<input type="checkbox"/>
Wallet with credit card, debit card, insurance card, etc.	1	<input type="checkbox"/>
US Dollars	Approx. 100 USD per day	<input type="checkbox"/>
Vaccination card	1	<input type="checkbox"/>
Binoculars	1	<input type="checkbox"/>
Reusable water bottle	1	<input type="checkbox"/>
Headlamp or small portable flashlight	1	<input type="checkbox"/>

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